

The Future of Work: Human Skills. Endless Possibilities

AI + MY WORK

One way AI could support my work:

MY SHIFT REFLECTIONS

S - Self-Awareness: What do I bring beyond my job title?

H - Human Advantage: Which human capability do I want to strengthen?

I - Intentional Learning: What would be valuable for me to learn next?

F- Flexible Mindset: Where could I become more open to learning or adapting?

T - Take the Lead: Where could I take more ownership?

Notes:

FROM SHIFT TO ACTION

REFLECT

Which area of SHIFT speaks most to where I am right now?

☐ S ☐ H ☐ I ☐ F ☐ T

DECIDE

What will I focus on?

ACT

What's one practical action I can take in the next 7 days?

MY 7-DAY COMMITMENT

By _____, I will _____

Keep it specific, realistic and achievable.